

## **News from Holbrook and Shotley Surgery**

### **Training afternoons**

Our next sessions are on Thursday 12<sup>th</sup> March and Thursday 16<sup>th</sup> April. Both sites will be closed from 1pm and you will be unable to call in, collect prescriptions or telephone us. If you have a medical query that cannot wait until the following day please ring 111 (or 999 in an emergency).

### **Incontinence Pads**

If you have a supply of these that can no longer be used, please phone the company who supplied you with them who will collect them if ordered within the last six months. We are unable to keep them at the Practice as we don't have room.

### **Surgery Fund**

Thank you to all those who have kindly donated funds to the surgery over the last year. We have invested some of this into four new blood pressure machines that patients may borrow on a temporary basis to check their blood pressure at home. Donations like this are invaluable and we are very grateful to everyone for their support.

### **Magazines**

Whilst we are always grateful for donations of books for our stall, we will no longer be able to accept magazines due to infection control. You may have noticed our new stand at Holbrook, which is topped up with brand new magazines each month. This is a free service and we hope to have the same facility at Shotley soon.

### **National Autistic Society**

Thanks to everyone who bought Thomas the Tank Engine zip pulls – we raised £41.51.

### **Video information on coughs, colds, sore throats and flu**

Our website now has video information and 24/7 advice on coughs, colds, sore throats and flu. Go to the home page and click on the link under Information and Advice. If you have any comments, please let us know as this is from a pilot scheme run by StowHealth. If successful this may be extended in the future for other conditions.

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